Hi, I’m Zoe, I am a first year running for next year's Social Sport sec. This year, I seem to have spent more time at the Life Centre (sitting chatting) than in the Library. Although I have played competitive sport all my life, I also enjoy having a laugh trying out new activities, even if I’m not always very good! I came second last at my first Parkrun in Plymouth.....

I think MedSoc social sport should provide an opportunity for people to take sport as seriously or chilled as they want. Having a bit of fun without the added pressure of it being competitive. As next year's social sport sec, I will try and get as many people involved by:

* Continuing to support existing social sport activities such as yoga, rounders/dodgeball and circuits
* Reintroducing social sports including social climbing and social running (facilitating weekly social runs and regular meetings at the local Parkrun)
* Ensuring social sport events are well promoted throughout the year, so that all members are aware of timings and how to get involved